

Salads @ Main Street...

Organic greens / warm parmesan bread / dressing on the side

house salad 295

red onion / tomato / parmesan cheese / croutons

garden 495 & 795

zucchini / cucumber / bell pepper / red onion
avocado / tomato / parmesan cheese / croutons

the California 895

roasted turkey breast / tomato / red onion / avocado
havarti cheese / our own California dressing

“yum-yum” 495 & 795

walnuts / dried cranberries / feta cheese / balsamic vinaigrette

chicken quinoa salad 895

chicken breast / quinoa / pine nuts / grilled asparagus
tomato / champagne vinaigrette

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## “the chicken salad plate” 895

two scoops chicken salad / green salad / parmesan bread  
Substitute yum-yum 200

## “the trio” 895

one scoop chicken salad / green salad / soup / parmesan bread  
substitute yum-yum 200

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ranch / balsamic vinaigrette / California / champagne vinaigrette

Prices and ingredients are subject to change without notice

the sandwich page

sourdough or wheat / potato chips or chips & salsa

california 895

Turkey breast / havarti cheese / tomato / red onion / avocado / mayo
organic greens tossed in California dressing

club 895

bacon / ham / turkey / cheddar / red onion / tomato / pickle / mayo / lettuce

grilled deli roast beef 895

grilled / horseradish spread / red onion / tomato / lettuce

cheese daddy 850

grilled / cheddar / swiss / pepper jack / mozzarella / parmesan / garlic butter

chicken salad sandwich 850

lettuce / tomato / mayo

BLTA 850

3 thick cut bacon strips / lettuce / tomato / avocado / mayo

turkey & swiss 795

w/red onion / tomato / lettuce / mayo

ham & cheddar 795

w/lettuce / tomato / spicy mustard

grilled cheese 695

1/2 sandwich combo (choices below) 795

chicken salad / BLTA / turkey & swiss

ham & cheddar / grilled cheese

Served with salad or soup & chips

Sub yum-yum salad 200

Cheese choices / cheddar / swiss / pepper jack / havarti / feta /
mozzarella

\$ 1 split plate charge includes 2nd setup with chips

it's a wrap...

warm flour or corn tortillas / potato chips or chips & salsa

club wrap 895

bacon / ham / turkey / cheddar / red onion / tomato / pickle / greens

california wrap 895

Turkey breast / havarti cheese / tomato / red onion / avocado
organic greens tossed in California dressing

happy hippy 695

grilled veggies / hummus / avocado / add chicken 295 / add cheese 100

chicken salad wrap 895

avocado / tomato / cheddar & jack / greens / add bacon 125

chicken bacon ranch 895

chicken / bacon / red onions / greens tossed in ranch dressing

**Cheese choices / cheddar / swiss / pepper jack / havarti / feta /
mozzarella**

\$1 split plate charge includes 2nd set up with chips

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Quesadillas

Warm flour or corn tortillas / tortilla chips & salsa

chicken & avocado 795

chicken / avocado / tomato / cheddar-jack

grilled veggie 795

zucchini / bell peppers / tomato / red onion
avocado / hummus / add cheese 100

hawaiian 850

grilled ham / pineapple / jalapeno / red onion / mozzarella

roast beef 895

grilled deli beef / grilled onions / grilled bell pepper
cheddar-jack

cheesy Q 695

lots of cheddar-jack / mozzarella / add green chili 100

BURGERS

grilled bun / potato chips or chips & salsa

veggie burger 695

veggie patty / tomato / red onion / pickles / lettuce / mayo or mustard
add cheese or avocado 150

Texas veggie burger 795

veggie patty / BBQ sauce / red onion / tomato / lettuce / jalapenos / avocado

turkey burger (allow extra 10 min) 695

grilled turkey patty / tomato / red onion / lettuce
mustard or mayo / add cheese or avocado 150 / add bacon 125

**Cheese choices / cheddar / swiss / pepper jack / havarti / feta /
mozzarella**

soup of the day

served with hot parmesan bread

cup 350 bowl 550

stews and chilies may be priced higher

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**Soup & Salad Combo - bowl of soup, small salad & parmesan bread 795**

**Substitute Yum-Yum 200**  
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add on stuff

chips & salsa	250
chips & hummus	295
hummus	150
veggie sticks	250
tomatoes	100
avocado	150
grilled Onions	125
green chiles	100
jalapenos	75
pickles	50
parmesan bread	100

scoop chicken salad	345
grilled chicken	295
roasted turkey	295
turkey Patty	295
veggie Patty	295
deli roast beef	395
baked Ham	295
thick bacon (slice)	125
cheese (slice)	100

Cheese choices / cheddar / swiss / pepper jack / havarti / feta / mozzarella

drinks

Fresh brewed **organic** iced tea...regular or flavored 195

Fair trade organic coffee 195

Assorted bottled drinks 195

(no high fructose sweeteners)

The only sweeteners we serve are Stevia & Real Sugar

No **Pink** or **Blue** stuff here!

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02-18